The Nature of Reality

(Metaphysics)

Historically, in order to make sense of the universe,

humans have tended to divide reality into 2 parts:

1) The spiritual universe (where the gods reside), and

2) The physical universe (which includes both matter and energy).

This is a false dichotomy because:

1) There exists no evidence to support the existence of any god, and

2) Other things exist in the universe that are not part of the physical

universe.

In addition to matter and energy which make up the physical universe, there also exist “inherent properties” of the universe in the form of “information.” Scientists can offer nothing but conjecture about anything that may have existed before the Big Bang. Therefore, we can only assume that our visible universe's inherent properties came into existence when the universe itself came into existence. Some of those properties are:

The Laws of Nature (Physics, Chemistry, etc.)

The Laws of Mathematics

The Logical Absolutes

Time

Space

These properties existed before there were any minds,

which is a newer property of reality.

Minds are an “emergent property” of brains.

Even though thoughts can be measured, pinpointed, and analyzed,

the precise nature of the thoughts that brains experience ...

remains a mystery.

They are neither matter nor energy; they are information;

information that relies upon a physical brain for storage and retrieval.

A deeper dive into the subject can be found here:

<https://informationphilosopher.com/introduction/information/>